



Helpful Hints

Extra underwear/socks
Two cameras (Put name on cameras)
Batteries and lots of film (You don't want to buy things overseas)
Converter for recharger, etc.
Small photo album of your family, friends, etc.
Credit Card
Phone card – make sure it can be used for international calls and you know the pin #
Euros and some American cash
Extra inhaler for asthma sufferers
Extra contacts for those who wear them (and your eyeglasses)
Sunglasses
Hip sack
Paperback books
Playing cards or travel games
Small bottles of shampoo, conditioner, etc. Number them and then throw away!
ONE bathing suit
Any medication you need in the ORIGINAL container
Walking shoes (gym shoes?) – already broken in
Waterproof jacket – warm but not bulky
Journal
Gum or hard candy – NO bubblegum
Call about frequent flyer program
Over the counter meds, Band-Aids, motion bands, or Dramamine
Gameboy, iPod
Name and address pinned or taped INSIDE luggage
Pre-addressed labels for postcards
Everyone MUST have a watch – replace the battery right before we leave
Many Pens – In your carryon. You use them daily!
Small flashlight
Always take a card from the hotel so you know where you are staying
Hand Sanitizer
Small packages of kleenex
Safety pins
Small sewing kit
Rubber bands
Ziplock bags – pack in them, carry extras
Washcloths –cheap (Target, Wal-Mart)